



- DÍA 1 -

You've Been Learning Spanish the Wrong Way

Just like when you want to get in shape you have to work the different muscles in your body (*biceps, triceps, abs...*), when you learn Spanish you have to work all areas of the language.

As I told you in the video there are 7 different areas that you must work on in order to improve your Spanish:

- ❖ Listening - ability to understand spoken Spanish
- ❖ Reading - ability to understand written Spanish
- ❖ Writing - ability to create Spanish by writing
- ❖ Speaking - ability to create Spanish speaking
- ❖ Fluency - ability to create Spanish quickly and fluently
- ❖ Pronunciation - ability to pronounce correctly
- ❖ Vocabulary - number of words we understand and can use

Basically, this means that no matter how many Netflix series you watch in Spanish, you WILL NOT be able to speak your Spanish better when you visit Barcelona. A bit disappointing, isn't it? Well not really. Because dividing the language into 7 parts allows us to work more efficiently and learn much faster.

That is why I suggest that you complete the following worksheet and take a few minutes to have feedback on the way you have been learning Spanish and what changes you should make to work on Spanish holistically.

Are you ready? ¡Vamos!

List all the exercises you have been doing for your Spanish lately (*E.g. Listening to a podcast on my commute*):

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Now review the list above and mark the areas of Spanish that you have worked on.



Remember that "working an area" means **REALLY ACTIVELY WORKING IT**. Watching "La Casa De Papel" with subtitles while you snuggle up with your partner can hardly be considered "working" your listening nor your reading.



LISTENING



READING



WRITING



SPEAKING



FLUENCY



PRONUNCIATION



VOCABULARY

TOTAL

/ 7



I hope you've been honest. If you have been learning Spanish using traditional methods, you probably got between 2 and 4 out of seven. Now, it's time to improve your way of learning Spanish.

List the areas that you have been skipping and write exercises you can do from now on to practice them.

SKILL	EXERCISE
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Now it's your turn to get down to business.

Modify your Spanish work plan to add some of the activities you wrote above.

If you succeed and start working on your Spanish in a more holistic way, you will see how very soon your Spanish skyrockets.